

CURING WITH CAYENNE"

“When life is on the line, and time is against you, learn how to use cayenne pepper, the most powerful blood-moving herb on the planet.” - Sam Biser (author of “The Layman’s Course on Curing Last-Stage Diseases”)

Heat is the healing power of the sun trapped inside the fruit of cayenne. Cayenne is not an irritant. It is considered a counter-irritant. By bringing blood, it can cure tissues which are inflamed and sensitive. Cayenne does sting, but after the sting comes the cure.

Dr. John Christopher, one of the greatest herbalists of the 20th century says: “When I was 35, the doctors said I would be dead by 43. I had advanced hardening of the arteries. The veins would stick out of my hands like pencils. I suffered from crippling arthritis, stomach ulcers, and I was victim of two horrible auto accidents. No insurance company would touch me, not even for a \$1000 policy.”

“I started taking a spoonful of cayenne pepper three times a day in hot water. I did this for ten years. “Ten years after I had started using cayenne, a group wanted me to have a \$100,000 policy to insure them on the business deal we were working out. I went for the examination. Since this was a large policy, the insurance company required two medical doctors. I took the examinations and one medical doctor, when he got through, said, ‘Well, this is astounding. I see your age is 45, but you have the venous structure of a teenage boy. I’ve never seen anything like it.’”

“I went to the other doctor. He did the blood pressure test. He pumped his equipment up five different times. I said, ‘What’s the matter? Doesn’t your equipment work?’ The doctor replied, ‘Oh yes, it always has, up till now, but I keep looking at your chart and it says you are 45 years of age and yet your pressure is absolutely perfect.’ I said, ‘That’s correct. It is perfect.’ He also gave me a clean bill of health. So I passed, at 45 years of age, for a \$100,000 policy with good blood pressure, thanks to cayenne.”

EIGHT-YEAR-OLD SHOT WITH GUN

Besides lowering high blood pressure and doing other wonderful things, cayenne is fantastic for stopping bleeding. Listen to this true story Dr. Christopher used to tell his audiences.

“Once a child was shot in the abdomen; a bullet hit the spine, ricocheted, and made a second wound leaving the body. One of Dr. Christopher’s herbal students living next door heard the shot and raced over. When she arrived, the eight-year-old was gushing blood out both sides. They had been playing ‘cops and robbers’ with their father’s guns which she found under a pillow.”

“She ran to the cabinet and mixed a tablespoonful of cayenne in a glass of water. She then poured it down the boy’s throat and called the ambulance which was 18 miles away. The emergency room attendant said that the boy would probably bleed to death, being that the distance was so great. When the child arrived at the hospital, he was the center of attention, not because his condition was so serious, but because he was chatting a mile a minute—and there was NO bleeding!”

“The bleeding had stopped by the time they arrived at the hospital. The chief doctor said to the parents, ‘I have seen many accident victims in my life, but this is the first time in such an emergency operation, that I have opened an abdomen to find no blood, except for a small amount that was there before the bleeding stopped so quickly. The cayenne pepper has saved your boy’s life.’”

In that same year, Dr. Christopher treated four other gunshot victims. Each case responded the same. Sometimes, the blood coagulated and came out in clumps before it stopped completely. Dr Christopher even used cayenne tincture directly on open wounds. It may sting, but the bleeding stops. Even if the wound is a deep cut exposing bone, that wound may still be filled with cayenne pepper. If cayenne is not available, black pepper may be used. Many people, when they see the skin is ruddied by cayenne, believe that the skin is irritated. But cayenne is a counter-irritant. Cayenne brings the blood to the surface to take away any toxic poisons and start the healing. The redness comes to the skin from blood that has rushed to the surface to assist carrying off wastes.

FINEST FOODS FOR THE HEART

Dr. Christopher said, “In 35 years of practice, and working with people and teaching, I have never, on house calls, lost one heart attack patient. The reason is, whenever I go in, **if they are still breathing, I pour down them a cup of cayenne tea (a teaspoon of cayenne in a cup of hot water.)** Usually, within minutes, they are up and around.”

He says, “I received an emergency call in the middle of the night. A woman in Salt Lake City had just suffered a severe heart attack and passed out. I rushed over and fed the woman hot cayenne tea. Within minutes, she was sitting up feeling fine. The hot cayenne tea is faster-acting than tablets, capsules or cold tea. The warm tea opens up the cell structure and makes it expand and accept the cayenne that much faster. It goes directly to the heart through the arterial system and feeds it a powerful food.”

“To show the value of cayenne - what a wonderful heart food it is, this story has been repeated in a number of publications. Doctors in the East put some live heart tissue into a sterile beaker filled with distilled water and fed it nothing but cayenne pepper. During the time they were feeding the heart tissue, they would have to trim it continually, every few days because it would grow so rapidly. Having no control glands (the pituitary and pineal glands), the heart tissue just continued to grow rapidly. They kept the tissue alive for 15 years. They eventually destroyed it so they could do more research on it. This shows the high food value cayenne gives to the heart.”

“In most cases a weak heart is a malnourished heart. The heart hasn’t had a decent meal for so long that it is practically starved. We give the heart a good meal. We don’t whip it with nitroglycerin or digitalis or some other type of drug to force it to beat rapidly. We try to bring more food value to the heart so that it could find a little help to keep it going.”

HEART ATTACK TREATMENT

Dr. Christopher prepared one teaspoon of 100,000 heat unit cayenne in one cup of hot water. Dr. Richard Schulze used one tablespoon of 250,000 heat unit cayenne. Steep until it is cool enough to drink without scalding. Prop up the patient and pour the cayenne tea down the patient’s throat. The heart attack will stop immediately. In case you don’t have cayenne around, use black pepper, but triple the dose.

Cayenne reduces the mucus in the venous system (and all other systems of body) and immediately increases the circulation. Cayenne equalizes the blood pressure, feeds the necessary elements into the cell structure of the arteries, veins and capillaries. It helps to reduce and normalize the blood flow.

WHEN DISEASES STRIKE FAST

A woman saved her companion from almost fatal heart attack - with Tobasco sauce! An 83-year-old woman from Meridian MS runs a small rest home for elderly people. One of her invalids was having a heart attack late in the night. Virginia said, "She was dying I could see. I held her and she died in my arms. I kept putting the tobasco sauce drops to her tongue as your report had told me to do, and the nurse's aid got mad at me for using the hot sauce and not calling for help. The nurse said to me, 'Dammit, can't you see she's dead. Call the funeral home.' But the lady revived and lived two more years. Virginia carries cayenne under her bra so she always has it with her in case she needs it. Who ever knew you could save life with a common condiment.

According to master herbalist Dr. Richard Schulze, "You should have a bottle of the tincture or a bag of the powder in the kitchen, bathroom, bedroom and the glove box of your car. Just like the American Express Ad, '*Don't leave home without it!*' Cayenne can be placed directly on wounds, even when the person is cut to the bone. Just sprinkle the cayenne powder into the wound. I have never seen cayenne cause infection. The blood loss stops in seconds. I just had a two-inch gash down to my bone on my leg and cayenne stopped all bleeding. I could see the bone - and just pack cayenne right into the wound. However cayenne stops the bleeding so fast - in 2 to 3 seconds - you don't always have time to clean a dirty wound; so I flush them out first to cleanse them, then apply the cayenne (**cleanse formula** is in the chapter on slippery elm)."

MAJOR BENEFIT OF CAYENNE: Stops Bleeding (internal or external), Heart Attack, Stroke, or Shock. Dissolves clots.

MINOR BENEFIT: Reviving, Fainting, Dizziness, Weakness, Confusion

Important Note: When in doubt as to what herb to use, alternate cayenne and lobelia with one-half hour in between, if possible.

EMERGENCY INTERNAL DOSAGE for CAYENNE TINCTURE: 1-10 Dropperfuls. Heart attacks: start at 5 dropperfuls. Begin with 2 dropperfuls if the person is unconscious, then add more as response begins. (A dropperful is approx. 30 drops.) One man was stone-cold and slate blue from lack of oxygen due to a heart attack, and I used 12 dropperfuls to revive him.

Use tincture liberally on a wound to stop bleeding. The tincture is best for flushing a wound and the alcohol is a disinfectant, but the powder works also. Just pack it in.

For hemorrhage after childbirth, squirt 15-20 dropperfuls directly into the vagina. The bleeding will stop in seconds. I have used cayenne tincture on newborn babies to save their lives when they were going into respiratory failure. I used several drops of strong cayenne tincture diluted half and half with water right on their mouth, lips or tongues. Also, get some warm water with a little cayenne in it and you can massage this water around the baby. It really brings them around.

EMERGENCY INTERNAL DOSAGE for CAYENNE POWDER: 1 heaping tablespoon in a glass of warm water. With one woman who have severe congestive heart failure, I put her on one teaspoon of super-hot cayenne powder every hour.

INTERNAL MAINTENANCE DOSE for CAYENNE TINCTURE: Start with 5 drops in water or juice 3 times daily. Go up to as many dropperfuls as you like.

INTERNAL MAINTENANCE DOSE for CAYENNE POWDER: Start with 1/8 teaspoon 3 times daily, and go up if needed to 12-16 teaspoons per day.

SECOND CHOICE for CIRCULATORY STIMULANT: Ginger root. (fresh root is best. Get from grocery store).

DR. SCHULZE'S SPECIAL CAYENNE BLEND FORMULA: Habanero Red and Orange 40%, Red Savina 20%, African Bird Peppers 10%, Thai Red 10%, Jalapeno Red 10% and Cayenne 10%.

Special Notes: Cayenne is heat rated in 1-500,000 scoville heat units. Hotter means more phytochemical, which means more medicinal effect. So always get the hottest peppers you can find. Habanero, African Bird, Serrano, Jalapeno, Cayenne.

WHEN PEOPLE DROP FROM STROKES

Many patients will come out of a stroke right away by immediately giving them cayenne pepper. **Use a heaping teaspoonful in a glass of warm water or ten dropperfuls of tincture.**

A man got out of his car and became dizzy with blurriness in the center of vision in his right eye. As time progressed, the blurriness got larger. He felt he must be having a stroke. He calmly held his wife's arm and walked to house, went into kitchen and took a dose of Brain Tonic. In a matter of seconds, maybe 10, the blurred area got smaller and moved off to the right, then disappeared. He's had no problems since.

Another man who'd had a stroke and corroded artery operation, plus a quadruple bypass had terrible speaking problems. He started the **Supertonic** (Formula: 5 peppers - 2 Jalapeno, 1 Green, 1 Habanero; 3/4 cup ginger root sliced; 50-60 cloves garlic; 2 small onions; 1 horseradish root - place all ingredients in blender, cover to top of ingredients with organic Apple Cider Vinegar, blend. Make this on new moon and store in cold/dark place, shaking daily until full moon). He began taking it and in a little over two months, his neighbors started commenting on a big improvement in his speech.

NUMBER ONE FIRST AID HERB

According to Dr. Schulze, cayenne pepper is without a doubt the number one first aid herb. Whenever you have a problem with blood -- be it blood loss, disease, clots, or even stoppage - cayenne is the herb of choice. When you think of blood, in any situation, use cayenne. There is no herb that stops bleeding faster than cayenne - from cuts to internal hemorrhaging. For deep lacerations, I flush out the wound with what I call an **anti-infection tincture** which has cayenne in it (the formula is in the chapter on slippery elm). It not only begins to stop the bleeding, but it cleans, disinfects, and even seals the wound. Then, just pack cayenne powder into the wound. It doesn't burn. On open fresh wounds, there is so much trauma already, you don't feel a thing. Cayenne stops the bleeding immediately and the high amount of vitamin A and vitamin C in cayenne also clean and disinfect. Plus with any injury, remember to take cayenne internally.

Schulze has had people almost cut the ends of a finger off where it is just hanging. He's glued them back on just using cayenne, wrapped gauze around it and in 3 or 4 days, it's all totally stitched back together - many times with no scar.

Cayenne is an herb everyone should have in tincture form, in powder, and in oil form, in the kitchen, the bathroom, and glove compartment of your car, so you have it wherever you go. Cayenne pepper can save your life before a heart attack makes you brain dead. If you have a heart attack, and your heart has stopped and it takes 3 minutes to get 911, and 2 minutes for the car to get there, well that's 5 minutes - and in 5 minutes your brain is dead. Cayenne should be in every emergency room in the country. But doctors won't use it. They won't use anything simple.

Schulze: "Let me tell you about a recent case that shows just how blocked these medical people are. We had a baby case last week, and the doctors were saying it was testing positive for Hirschburn's Disease. The infant had no nerve impulses to the bowel. The doctors said that as soon as it was strong enough, they needed to do a bowel surgery and cut out a lot of its colon, and just bypass it because the colon was dead. They said it will get gangrene and the baby's colon wouldn't work. I talked to the parents on the phone, because they were a friend of a patient. I knew who they were. I told them about an herbal formula, but they didn't have time to get it. I said, in the meantime, give the baby some water and prune juice, and make the prune juice yourself. I talked to them a couple of days later, and the infant's bowel was working fine. The prune juice did it. I thought to myself: 'How far has medicine gotten down their dead end trail to where they will suggest that a month-old baby have a massive bowel surgery before the parents try prune juice??? Do you know what I mean? What the heck is going on with these people? I mean, how did they get so ignorant of hot water bottles and prune juice, and cayenne and things like that?'"

Sam Biser: Cayenne pepper! That should be a part of American Red Cross procedures. Schulze: It should be! After going through this case with that baby, how can these people sleep with themselves???? The point of the story is: take care of yourself and your loved ones. Don't go to dreamland, and think the medical system will save you. It might, or you might float down the river to death because they won't ever use cayenne and other simple things.

Heart Attack/Angina Pectoris -- Immediately Consume Cayenne Tincture

Conscious: 5-10 dropperfuls directly in the mouth. Sit/lay patient down, loosen clothing.

Unconscious: 1-2 dropperfuls directly in the mouth. Check for pulse and breathing.

Immediately begin C.P.R.

In 5 Minutes: Repeat cayenne dosage in 5 minutes, and, if you have it, an equal amount of **Dr. Schulze's Heart Formula** (1 part cayenne, 3 parts Hawthorn berry).

Stopping a fast heart attack when you are alone - from Alan Kaplan PhD, Professor and Chairman of Department of Microbiology and Immunology, University of KY. In such a situation you may have only 10 seconds before losing consciousness. **Here's what to do: Cough repeatedly and very vigorously. A deep breath should be taken between each cough. The cough must be deep and prolonged. A breath and cough must be repeated every two seconds without let up until help arrives, or until the heart is felt to be beating normally.** Deep breaths get oxygen into the lungs and coughing movements squeeze the lung and heart and keeps the blood circulating. The squeezing pressure also helps the heart regain normal rhythm.

Stroke -- Immediately Consume Cayenne Tincture

Conscious: 5-10 dropperfuls directly in the mouth. Sit/lay patient down, loosen clothing.

Unconscious: 1-2 dropperfuls directly in the mouth. Check for pulse and breathing. Immediately begin C.P.R.

In 5 Minutes: For both, repeat cayenne dosage in 5 minutes, and, if you have it, an equal amount of **Dr. Schulze's Brain Tonic Formula** (1 part cayenne, 3 parts Ginkgo Biloba leaf, 1 part Rosemary optional, Any part of the plant above the ground 1 part Kola Nut optional. To make formulas, see Video 2).

Sam Biser's Note on Severe Migraines: **The brain formula for strokes can also be used for "killer" migraine headaches.** Take 6-10 dropperfuls at once. If brain circulation is constricted, holding blood in the skull, lobelia tincture instead may cause the spasm to let go. Also, 3-4 glasses of water at once with a pinch of salt may cause some headaches to back off.

Bleeding -- Immediately consume cayenne tincture using the above conscious and unconscious dosages. Immediately liberally flush wound with cayenne tincture or pack with cayenne powder. Apply pressure to the wound or use arterial pressure.

Burns -- Smother the fire on any burning people with a blanket. Remove any smoldering or burning clothing. Flush the burn with ice water or ice wrapped in damp towels. Keep the ice and water on for 10 minutes. Use the cayenne tincture orally to help with shock. Use lobelia tincture 15 minutes, or if you can't wait, a few minutes later, to help relax and ease the pain. Apply liberal slabs of fresh leaf aloe vera gel directly to the burnt skin, immediately. Hurry, seconds count when getting this aloe gel to the skin..

Poisoning -- Call the NATIONAL POISON CONTROL CENTER IMMEDIATELY. Your local poison control center is listed in most telephone book emergency sections.

Food Poisoning -- If detected early enough by that bad queasy feeling, it is best to vomit the food out. Drink 2 quarts of warm water with a little lemon juice in it. Put your fingers down your throat and tickle your uvula. After you vomit, or if its been too long since the meal, to absorb the poison or bacteria, drink 8 ounces of liquid with 1 heaping teaspoon of Intestinal Formula #2 or at least charcoal. Repeat 2-3 more times.

Emergency Notes: Call 911. Get help on its way. Start accepted life-saving measures, such as C.P.R., pressure for arterial bleeding, etc. In my opinion though, CPR is 100 times more effective when you use cayenne tincture first. And before emergencies happen, go to your local Red Cross and learn all types of resuscitation including CPR, drowning, Dr. Heimlich's maneuver, pressure points to stop/control bleeding, etc.

Take Cayenne Yourself -- In any emergency, someone's life may be in your hands. You need to be alert and conscious. I have seen many helpers become the victims because they passed out or choked on their own vomit. Take dropperfuls of cayenne tincture yourself, all during the emergency—until the crisis is over.

Giving Tincture Orally to an Unconscious Person -- Dr. Schulze has been in many emergency and crisis situation and has given tinctures on numerous occasions to unconscious people. You certainly do not want to choke or drown them, but a few drops to a dropperful of tincture is readily absorbed in the mouth and is no danger to someone who is unconscious. Even if they gag a little, you are saving their life!

Stopped Breathing -- Immediately check airway and pulse. Start resuscitation. Use cayenne tincture to help revive using similar dosages as under heart attack. Use lobelia tincture to help person breathe easier and open up their airway. Conscious: 2-10 dropperfuls of lobelia

tincture. Unconscious 1-2 dropperfuls of lobelia tincture in mouth. An overdose may cause harmless vomiting and sweating. In 5 Minutes: Repeat cayenne or lobelia dosages.

Choking -- Immediately check airway. Begin Heimlich maneuver. Use lobelia tincture (above dosages) to make it easier to breathe, catch breath and relax.

Drowning -- Immediately begin first aid treatment for drowning. Use cayenne tincture to help revive. Use lobelia tincture to aid in breathing.

Smoke Inhalation -- Immediately begin first aid treatment for smoke inhalation. Use cayenne tincture to help revive if person is unconscious or barely conscious. Use lobelia tincture to aid in breathing if the person is conscious, but their main problem is inability to breathe. You may alternate between cayenne and lobelia every five minutes.

KIDNEY HERBS

Juniper Berries, Parsley, Uva Ursi leaf, and Corn silk - wonderful for kidneys. The juniper berries should be blue to purple in color, and when chewed or squashed smell like gin. Many berries sold are brown and dried up - these will be neither diuretic or disinfectant. Diurectic (makes you pee) and Urinary Disinfectant (destroy bacteria in kidneys and bladder).

KIDNEY DOSAGE INTERNAL -- Take one tablespoon of juniper berries for every 20 ounces water. Crush the berries, and simmer for 15 minutes, and you end up with 16 ounces of tea. Take 3-4 times per day in an emergency.

REFLEXOLOGY for KIDNEYS -- Also when there are kidney stones or difficulty urinating, or a blocked gall bladder, use foot reflexology. Work the bottom of the foot real hard. Forget about locating special points, work the entire bottom of the foot. This promotes the flow of downward energy and can unblock whatever is blocked in the elimination channels.

DR. SCHULZE'S KIDNEY/BLADDER TONIC FORMULA: Uva Ursi leaf 20%; Juniper Berry 40%; Corn Silk 20%; Horsetail herb 5%; Burdock root and seed 10%; Goldenrod Flowers 5%.

EMERGENCY INTERNAL DOSAGE FOR TINCTURE:

5-10 dropperfuls of the Kidney/Bladder Tonic, or make strong juniper berry tea. Do the kidney and bladder flush, then 5 minutes later drink two cups of Kidney/Bladder Tea (formula below).

Kidney/Bladder Flush:

Juice of one lemon and one lime, 16 to 32 ounces of distilled water, a pinch of cayenne pepper, and maple syrup to taste (optional).

Juniper Berry Tea Recipe:

Use 2 quarts filtered water, one-third cup juniper berries (crushed in a ziplock bag with a rubber hammer), Steep (don't boil) for one hour just below the simmering point. Results, a clear, dar-red, good-tasting tea. Don't rush it.

Please note that Dr. John Christopher had tremendous results with edema by using juniper berries. Edema can also be cured with cayenne. A gentleman taking 1/16th teaspoonful three times/day in drink or food - in 2 weeks lost 14 lbs of water/edema.

Blocked urination cured by cayenne. A 24-year-old boy had Nephrotic Syndrome (since 15 - condition where your kidneys spill protein out, and barely any liquids remain in your kidneys and your body swells up). He'd been hospitalized over 30 times. The medicine and diuretics prescribed weren't working and he had over 15 lbs of water mostly in belly and up around heart. The mom saw the videos and gave him 3 capsules with cayenne. Within 3 hours he peed 4 times - a miracle.

Note from Sam Biser: In cases of severe kidney infection, also use 6 or more big cloves of raw garlic every day, in addition to the kidney herbs.

HERBS FOR INFECTION

Two great ones are Echinacea Root (Tea and Tincture) and Raw Garlic (never commercial products) and use these in larger doses than you've ever used them before. (Don't use elephant garlic). Garlic is anti-cancer, anti-bacterial, anti-viral, anti-fungal. Echinacea increases all immune system functions. Help stop garlic's odor with strong peppermint tea.

Echinacea Internal Dosage

Dr. Schulze's Echinacea Tincture: 75% Echinacea angustifolia root; 20% Echinacea purpurea see, 1%-5% Garlic bulb and 1%-5% Habenero juice. You could also take quarts of Echinacea root tea, which has worked even when Echinacea tincture has failed. Teas contain compounds that may be destroyed when you soak an herb in alcohol. Teas can be essential in stubborn cases. However in an emergency, a tincture is ready in seconds, versus minutes for a tea to steep.

Emergency dosage for tincture: 2 to 4 dropperfuls per hour (dropperful is approx. 30 drops). Maintenance dose: 2 to 4 dropperfuls 3 times daily for 1 to 3 weeks. Then take a week or two off.

Garlic for Infections: One woman took 48 full cloves of raw garlic a day to eliminate a viral infection in her lungs that would have killed her. Start with 6 whole cloves per day and work up. Dr. Schulze used 30 cloves a day for a dangerous ear infection.

Raw Garlic for Maintenance: Eat raw garlic. Start with 1/2 to 1 clove, 2 to 3 times per day. Take your time to become a garlic eater. Countries where garlic consumption is highest have lowest rates of heart disease and cancer (America's biggest killers).

Garlic Oil for infections: Easy to make. Just fill a shallow bowl with finely chopped raw garlic cloves. Pour organic extra virgin olive oil over the garlic - just enough to cover it. Cover with cheesecloth or other cotton to keep dust out. Let sit 3 to 4 days, if not 2 weeks. Strain by squeezing through clean cotton and bottle it. You can use garlic oil internally or externally to destroy anything that is bothering you from athlete's foot to ear infections to herpes and everything in between. The garlic oil will hurt like crazy on herpes lesions, but within 2 to 3 days, they will be gone. Do the application of garlic oil 3 to 4 times per day. Eat at least three raw large cloves a day. For persistent cases, cleanse your bowels using the bowel-cleansing formulas, given in the chapter on bowel herbs. Garlic oil can be placed into the eardrum for ear infections. Do not place eyedropper with garlic oil into the ear, but just outside it. Put in fresh garlic oil several times a day. Cleanse ear with mild solution of lukewarm apple cider vinegar and water.

For Disinfecting Wounds: See formula for Anti-Infection Tincture and wound sealer with garlic in section on slippery elm.

Snakebites or Insect Bites: You can use several ounces of strong Echinacea Tincture at once to neutralize the venom of snakes, wasps or other insects. Also, remember to crush Plantain Leaves and press into wounds to draw out and neutralize the poisons. Dr. Schulze once used an entire 4 oz. bottle of strong Echinacea Tincture to save himself from about 50 wasp bites.

For Swelling: Use massive doses of Echinacea to stop swelling, such as swelling from wasp bites, that can swell up your throat and cause you to suffocate. Use 3-4 ounces at once, if needed. Note from Sam: not the commercial, make your own - very strong.

Garlic and Cayenne for Fast Blood Pressure Relief: Garlic is a long-term blood pressure regulator - you have to take it over a long period to see results. Usually you start seeing a difference and your blood pressure starts to normalize if you consume garlic every day for 3 months. Add strong cayenne and ginger to that and cures occur in 3 days.

Notes: All Garlic is fine, organically-grown is best. Do NOT use elephant garlic - it's a weakened hybrid. There are 8 known species of Echinacea. Dr. Schulze had the most success in his clinic with Echinacea angustifolia, and also Echinacea purpurea and Echinacea pallida.

ALOE VERA, MIRACLE HEALER

No one is using this to its full potential. Aloe can heal third-degree burns and serious wounds. You will need older aloes with more potency, and you will need other herbs like slippery elm. And you need to use them fast! I have seen aloe heal tissue that was dead and gone, right in front of my eyes. Tissue that the doctors would say is dead, gone, and cut it away, aloe can bring it back to life.

For a serious burn, before aloe, use ice within 30 seconds to stop tissue damage. Cool towels will not stop tissues from burning up. In a burn situation, ice puts everything in suspended animation. Every household needs 10 pounds of ice in their freezer at all times - and plenty of aloe. (use frozen vegetables if you have to - anything frozen). Cover the frozen material with a cloth made wet by running water through it. With ice and aloe, you can save tissues that will absolutely die if you wait to get to the hospital for treatment. I have never seen aloe cause infection when packed into the most serious burns. I have never seen antibiotics be necessary. There must be something in aloe that kills infection.

When a patient is severely burned, they should stop all solid food and go to juices immediately. This is mandatory. The patient cannot afford to waste energy digesting food. Juices are like a natural healing transfusion.

Note from Dr. Schulze: There are thousands of commercial aloe preparations sold and "I have NEVER EVER seen ANY of them work at all, do anything, period. ALL the miracles I've witnessed have been with the fresh plant only."